



THE ESSENTIAL GEAR*

[REI Women's Traverse 65](#)

[REI Men's Ruckpack 65](#)

[REI Flash 18](#)

[Garmin Forerunner 35](#)

[Petzl Headlamp](#)

[Sea to Summit Sleeping Bag Trek TKII](#)

[Sea to Summit Sleeping Bag Liner](#)

THE CAN'T TRAVEL WITHOUT GEAR

[REI Packing Cubes](#)

[REI Vacuum bags](#)

[Thermarest compressible pillow](#)

[Luggage cable & lock](#)

[Nivea Chapstick](#)

[Polar Squeeze Bottle Insulated 24oz](#)

[Belkin Chargemaxx Set](#)

[Macks Silicone Ear Plugs](#)

[Cheap Sunglasses](#)

[Hanging Toiletry Bag](#)

[Universal Travel Adaptor](#) (search adaptor for countries

to be traveled)

[Travel Coffee Mug](#)

Reuseable Shopping Bag

Laundry Bag